

Hello!

Welcome to the May newsletter. We are really excited to announce the launch of Be-Nort Da Grind a self guided tour around Northmavine. You can find more about it in the Growing Local section of the newsletter. We are also busy gearing up for the Bruckland Festival at the end of August. If you think you can help in anyway we would love to hear from you!

We hope that you find it an interesting read and if you have anything you would like to add please get in touch. Email: ncdcoffice@northmavine.com Phone: 01806 544 222 or just nip into the office if you are passing by.

NCDC Projects

Lunch Club

After the success of the winter warm space that was organised with Shetland Islands Council through March, we will be holding a monthly lunch club open to anyone. The first one will be on Friday 2nd of June from 11am - 2pm in the Ollaberry Hall. Come along for some soup, tea, coffee and homebakes.

Energy Saving Help Bags

Shetland Citizen's Advice Bureau have put together some Energy Saving Help bags which include a draught excluder, hot water bottle, disposable dehumidifier, LED light bulb, hand/feet warmers, torch, selection of energy advice leaflets and a welfare benefit check form. NCDC have 1 of these bags left. We also have a number of blankets, hot water bottles and a couple packs of nappies left over from the Winter Warm Spaces. Get in touch with Charlotte at the office ncdcoffice@northmavine.com, 01806 544 222 to organise collection/ delivery.

Bruckland Festival

Date for you diary, NCDC will be hosting a Bruckland Festival on the 31st August until the 3rd September. Over the long weekend we will have a variety of things on offer including talks, workshops, a repair shop, clothes swap and much more. If you have skills that could be helpful for the repair shop or are interested in hosting a workshop, or would be happy to volunteer to help out, please speak to Charlotte.



Crofting Trail App

Over the last year Mandy and Yoyo were busy recording local folk speaking about crofting and life in Northmavine. These recordings are now part of two free self guided tours through Northmavine provided by Geotourist. Once you arrive at a specific GPS point, you will be able to hear local folk chatting about crofting, fishing, tabu words, local businesses and much more! You can download the geotourist app from the app store on apple or android and search for Be-Nort da Grind. You can also scan the QR code.

Gardening jobs

As we move into June and the Simmer Dim, we can hope for some more sunshine. June is usually a bit drier so make sure to check your garden plants are getting plenty of water. It is good to make sure any undercover spaces are well ventilated so keep the temperature below 30 degrees and reduce plant stress.

There are still lots of things you can plant in June such as cabbage, brussel sprouts, broccoli and cauliflower. Herbs, salad leaves, chard and spinach can also be planted in succession to give you fresh leaves all summer. Spring onions can be grown undercover all year and now is a good time to plant neeps for the winter. If you are thinking to grow pumpkins, the first week in June is really the last chance to plant them for this year.

The plant swap boxes will be going out to both the Hillswick Shop and Ollaberry Shop this weekend so if you have any spare plants please feel free to put them in for someone else to take away. There are also lots of seeds in the book container at Bruckland if you fancy trying something new to you!

Produce show

This year the produce show will be held on Sunday 3rd September (venue tbc.) as part of the Bruckland Festival. We will have a show schedule ready for June's newsletter.

A promotional graphic for the 'Be-Nort da Grind' audio tour. It features a blue sky background with a green landscape and a road. The text 'Be-Nort da Grind' is at the top in white. Below it, 'Journey through Northmavine life with our FREE digital tours' is written in a smaller white font. A QR code is centered in the lower half. At the bottom, it says 'Find out more at: northmavine.com/visitor-info/audio-tour' in white text on a dark green background. The word 'NORTHMAVINE' is written in large white letters across the landscape image.

Be-Nort da Grind

Journey through Northmavine life
with our FREE digital tours



Find out more at:
northmavine.com/visitor-info/audio-tour

Joy's Weather Station, Ollaberry

*"Whether the weather be Cold, or whether the weather be hot
We'll weather the weather, whatever the weather, whether we like it or not."*

April was a dry month – it is rarely that I can say that! In fact it would have been the driest April since 2004 when records began here, without the 10.4mm rainfall on the last day of the month. That also was the most in any day this April. The Total rainfall was 44.4mm (55.8% of the 30 year average) which was very acceptable for us.

The sun has returned to Shetland with 151 recorded sunshine hours (103% of average). Early sun shone out of clear blue skies from 1 hour to almost 3 hours before 9am on 14 mornings! Two days, 19th, 20th, were exceptional. Not a cloud in the sky all day into the evening. Just over 12 hours were recorded here on both days, although the sun continued to shine on over the hill behind the station before setting.

The maximum temperature was 14.5 Celsius in the shade, although it was much warmer in a sheltered sunny spot obviously. Even that felt the chill of 12 days with winds from the Northern and Eastern sectors. The Mean temperature was 6.7C (6.5C is April Average). Lowest grass temperature was – 2.9 C on 24th. Ground frost on 10 days. No fog!

There was 1 gale day on 23rd which blew at about F8 towards F9 all through the day, but eased in the evening, allowing some ferries to run again. The two days either side of this date were also very windy. The highest gust was 44 mph on 23rd.

I think we would do well to remember April's weather now we are into this awful May!

School Update

Suzanne Morlock visited all three primary schools with the children making cyanotype art work which was showcased at the Weaving Shed Gallery on the 7th May. You can see photos further on in the newsletter.

North Roe pupils have been busy in their polycrub set with tatties, beetroot, lettuce, peas, carrots and celery. They also have barrel for strawberries is also coming on nicely. North Roe are always very grateful for the donations we receive to allow them to grow different things within their school.

Urafirth School will be holding a soup and sweet on Saturday 10th June to raise money for school fund. The Urafirth Parent Council are also looking for a new secretary/treasurer. This



Karris and Mya Johnson looking for North Roe pupils art work.

is a paid role. If you are interested you can get in touch with Leanne Hamilton, (07919967033) Craig Nicol (07493052395) or Wendy Fraser (01595 807 460)

Sensory Music Classes in Northmavine with Natalie

Sensory Music Shetland are group music classes held once a month in North Mainland and once a month in Lerwick. These classes were started as a response from my Master of Education with Distinction, studied at the Royal College of Music - London in 2022. My research was an in-depth case study examining musical engagement involving a neurodivergent child. As a result of my research and supported by previous music education empirical research, music is a valid and important tool of communication. Music can go far beyond language and is an important dialogue for children and adults who don't use language.

Therefore, as a result I wanted to start classes for parents, caregivers, and all young children to experience musical engagement through music, play and sensory materials.

Classes are underpinned by the Sounds of Intent music framework (Welch, Ockelford, Carter & Himonides, 2009) that allows musical engagement for all children especially children with disabilities and autistic children. The aim of the classes is to be inclusive and give very young children the chance to make music from the earliest of age. Music education research demonstrates babies at 24 weeks in utero develop the ability to respond to music (Dissanayake, 2001), therefore it is important to create musical experiences for very young children as they are so capable from the earliest of age.

Classes last for 30mins and involve music, musical instruments, sensory materials, songs, play and movement. The classes are designed so parents and caregivers can replicate them at home too. Classes can be booked through Facebook and Instagram at Sensory Music Shetland.

In addition, I attend under 5 clubs on request and offer one to one violin and piano lessons.



I have also recently become a Amber Trust practitioner. The Amber Trust is a charity who supports blind and visually impaired children with music, and Amber Trust practitioners provide specialised music lessons for these individuals. Lucy who won The Piano on Channel 4 is an Amber Trust beneficiary, so I am very proud to be part of this trust.

References:

Dissanayake, E. (2001). 21 Antecedents of the Temporal Arts in Early Mother-Infant Interaction. *The origins of music*, 389

Welch, G.F., Ockelford, A., Carter, F-C., Zimmermann, S-A., & Himonides, E. (2009). 'Sounds of Intent': Mapping musical behaviour and development in children and young people with complex needs. *Psychology of Music*, 37(3), 348- 370.

Weaving Shed Creator in Residence



Thank you Northmavine
for the chance to spend some time with you!
Our amazing 8 weeks at The Weaving Shed went quickly and we were so sad
to leave.
We will always remember this time of creativity, discovery and lots of laughs,
oh and the wind!
It's been a fabulous time, thank you for the hospitality!
With gratitude, Suzanne & Glenn
keep in touch suzanne@suzannemorlock.com

Other News

Scottish Government Consultations

You can head to consult.gov.scot to take part in consultations which may interest or impact you. You can also see the published responses and analysis from past consultations. Currently there are 11 open consultations ranging from minimum number of learning hours in schools, and 20 minute neighbourhood planning guidance. You can also sign up for their mailing list to be kept informed.

2023 Agricultural Survey

The 2023 Agricultural census opens on 1st June. The quickest and easiest way to complete it, is online through Rural Payments and Services (RP&S). If you do not have an RP&S account linked to your business, create one here: www.ruralpayments.org/topics/your-business/

Volunteer Week 1st -7th June

Volunteers Week takes place 1-7 June every year. It's a chance to recognise the fantastic contribution volunteers make to our communities and say thank you. Volunteers are always active at the heart of every UK community. So taking the time during Volunteers' Week to celebrate and recognise their efforts and all they contribute to our local communities, the voluntary sector and society as a whole have never been more important. If you are interested in volunteering in Northmavine, please get in touch and we can chat about the opportunities on offer. You can email ncdcoffice@northmavine.com or phone 01806 544 222

Shetland 'Kit for All'

Shetland 'Kit for All' project came about because people were expressing that they were experiencing difficulty accessing sport & physical opportunities examples were: a lack of the 'right gear' to join in gym sessions; no swimming costume or couldn't afford trainers. The second reason for the project was to help reduce the huge amounts of clothing sent to landfill every year.

Below are details on how to donate spare sportswear you may have or you can contact Lesley Spence 01595744037 or email : lesley.spence@shetland.gov for more information.



Shetland Kit for All "Boot Drop"

1. Donate
clean wearable boots (football or rugby)

2. Use
Feel free to take a pair to use

3. Return
when done (if still wearable condition)
#passiton

Sportswear donations can also be made at the following locations:

- Unst, Yell and Whalsay Leisure Centre
- North Mainland and West Mainland Leisure Centre
- Clickimin Leisure Complex
- Scalloway and South Mainland Swimming Pool

For more information please contact:
Lesley Spence
email: lesley.spence@shetland.gov
or tel: 01595744037

SKETLAND SPORTSWEAR KIT FOR ALL

PLEASE GET IN CONTACT SHOULD YOU REQUIRE ANY SPORTSWEAR

For example:

- Trainers
- T-shirts
- Jumpers
- Joggers
- Shorts
- Jackets

DONATIONS CAN BE DROPPED OFF
in the following Leisure Centres and Swimming Pools:

- Unst
- Yell
- Whalsay
- North Mainland
- West Mainland
- Clickimin Leisure Complex
- Scalloway Pool
- South Mainland Pool
- Hayfield House Reception

ANY DONATIONS TO BE CLEAN AND IN WEARABLE CONDITION

Shetland Islands Council

#PassItOn

Sullom & Gunnister Hall

Ruby Brown has stood down as chair and Neil Doull is new chair with Loren Manson now the vice chair. The hall is also looking for new members to join the committee, and if anyone would like to help but not be on the committee let Rosie Doull know. You can get in touch by phoning 01806 522433

What's on

Thursday 25th May

Chinese Takeaway Ollaberry Hall 4-8pm
phone 01806 544 292

Thursday 25th May

Makk and Yakk Sullom Hall 7pm start

Saturday 27th May

Fish & Chip suppers night Hillswick Hall. Eat in or takeaway 4.30-7pm tel. 01806 503265, followed by Saturday night get together in the clubroom, bar open till 1am all welcome.

Thursday 1st & Friday 2nd June

SSEN – Shetland Renewable Connections Project – Virtual Consultation events, 1-2.30pm & 5.30-7pm on 1st ; 10-11.30am & 5.30-7pm on 2nd at www.ssen-transmission.co.uk/projects/shetland-renewable-connections/

Friday 2nd June

Northmavine Up-Helly-A' – General Meeting to adopt a new constitution, in the galley shed at 8pm

Saturday 3rd June

Race Night Ollaberry Hall 7pm for a 7.30pm start. Prizes for best outfit

Sunday 4th June

Sunday Brunch North Roe & Lochend Hall 11am-2pm

Sunday 4th June

Annual Plant Sale plus teas and fancies Hillswick Hall 3-5pm

Tuesday 6th June

Maakin and Yarnin Night North Roe Methodist Kirk 7.30-9.30pm

Friday 9th June

Chinese Takeaway Hillswick Hall 4-8pm tel. 01806 503265 to order

Saturday 10th June

Soup and Sweet Urafirth School 12-2pm Plant stall, raffles and sale tables.

Thursday 15th - Sunday 18th June

Simmer Dim Rally Ollaberry Hall

Saturday 17th June

New exhibition opening in the Weaving Shed Gallery

Tuesday 20th June

Maakin and Yarnin Night North Roe Methodist Kirk 7.30-9.30pm

Sunday 25th June

Open Day and afternoon teas, Nort Trow Garden 2-5 pm

Sunday 16th July

Afternoon Teas sales table and raffles. In aid of Church of Scotland funds Ollaberry Hall 2-5 pm.

Thursday 29th June

Makk and Yakk Sullom Hall 7pm start

Every Monday

Bruckland open 2pm -5pm

The Living Well Hub Brae Youth Centre 10am - 2pm

Every Tuesday

Bruckland open 2-5pm

Northmavine Fiddle and Accordion Club Hillswick Hall 7.30pm start

Every Friday

Northmavine Under 5's Ollaberry Hall 1.30pm - 2.45pm. During term time

The Living Well Hub Brae Youth Centre 10am-4pm

Every Sunday

Bruckland open 2-5pm